

## MAKE YOUR OWN TALISMANS

Talismans are a fantastic way to have a long lasting magical effect on your life. They make a great gift for friends or family, as they always have a material base (that is, they are marked on some sort of “stuff,” be that paper, or an engraving on precious metal, etc.).

As with all magic, the first step is to decide exactly what you want the talisman to achieve. Remember the discussion about outcomes we had in “[Cast Real Spells](#)”? All those considerations are just as important here.

Remember though, a talisman will have an ongoing influence on someone's life, so they are superb for developing situations. You could make one to improve your magical skills for example, or to help you learn a language. I have one in my car to bring protection (and I know someone tried to break into it from the scratches they left near the door, yet despite the model being relatively easy to get into, and popular to steal, they didn't).

It is also possible to make a talisman to look after several aspects of the same outcome. Let's say, for example, that you want to pass a correspondence course you are taking. You may have outcomes about study, exam nerves, memory etc., all related to the general outcome of “pass my course. “ Why not make a talisman that incorporates the different elements of the problem? This works really well for longer term outcomes, like study courses, but I would personally recommend other methods for short term outcomes.

Having decided on what you want your talisman to achieve, the next thing to consider is what the material base will be.

### **Material Base**

This can be anything. I've seen talismans scratched into pieces of leather, engraved on rings (something to consider for your magical ring perhaps), inscribed on expensive pendants, tattooed on the magician, painted onto pots, and even painted onto light bulbs. If you look at a book on traditional magic, you will notice that many materials are ascribed to different areas of magic, usually along a planetary theme (for example, in most systems gold is attributed to the sun, which rules over particular areas such as health, energy, some types of wealth, etc.). If your outcome fits in with one of these areas of influence, it is worth considering using the traditional materials as they have been in use for centuries and have established a symbolic presence in our collective unconscious.

Whilst this is an advantage, it is not a determinant of your success.

Let's say, for now, you have decided to draw your talisman on paper.

### **Physical Design**

Again, there are a lot of traditional designs for talismans which have the merit of having stood the test of time. If you want to use one of these, all well and good. If not, take your outcome and put it through the process on pages 13 – 15 of "[Cast Real Spells](#)".

Once you have a symbol (or symbols – as there may be several factors in the same area of operation you want the talisman to address), mark them on the paper in the form you have designed. Consider using different colored inks. Does the talisman look more effective, more magical, to you in one colour or another? When you have settled on a final

design and made your talisman, it is time for the magical activation that will set it about its task.

### **Activating Your Talisman**

How you go about this depends, to some extent, on how important the outcome is to you. You could cast a circle (page 23 of "[Cast Real Spells](#)" on), or use one of the other methods described in the book to get into the right frame of mind. One of my favorites (and one which I have taught to others and received favorable comments from them), is to cast a circle, enter an altered state, then visualize a sphere of light filling the area of the circle. I gradually compress this, hearing it sizzle (it's bursting with energy remember) until it is small enough to be absorbed by the material base of the talisman.

### **Using The Talisman**

How you use your talisman depends very much on the outcome. A personal protection talisman would presumably work best if carried, whilst one to enhance your study could be placed near where you do most of your study. Use your imagination, and all the best in your magical life.